

Wednesday 6 - 8pm	Feed Up Warm Up	Our Lady Immaculate and St Andrew Church 16 Nightingale Road Hitchin SG5 1QS	Get a hot meal and a food parcel
Thursday 9.30 – 11am	Food Rescue	The Half Moon Pub 57 Queen Street Hitchin SG4 9TZ	Uncooked food is recovered from local food-based business and is offered on a pay-as-you-feel (PAYF) basis making it accessible and encouraged to all members of the community
Friday 2 - 4pm	Hitchin Pantry	Our Lady Immaculate and St Andrew Church 16 Nightingale Road Hitchin SG5 1QS	Offers a membership scheme which costs £4 per week, this will give you access to a weekly shop for all your essential food, grocery, and toiletry items.
Saturday 1 - 3pm	Hitchin Pantry	Our Lady Immaculate and St Andrew Church 16 Nightingale Road Hitchin SG5 1QS	Offers a membership scheme which costs £4 per week, this will give you access to a weekly shop for all your essential food, grocery, and toiletry items.

HertsHelp

If you are a family in need of support with food and other essentials call or email

Tel: 0300 123 4044

E: info@hertshelp.net

8am to 8pm, Monday to Friday and 10am to 6pm, Saturday and Sunday

<https://www.hertshelp.net/hertshelp.aspx>

Trussell Trust Foodbank

Clients must be able to show a foodbank voucher or email from one of the below referral agents. Referrals come from CAB, settle, Howard Cottage, Doctors surgeries, Schools, Mental Health Support Teams, Churches etc.

Email: info@letchworth.foodbank.org.uk

Call: 07825 300437

OPENING TIMES

Tuesday 10:00 - 12:00

Friday 10:00 - 12:00

<https://letchworth.foodbank.org.uk/>

Hitchin Partnership

<http://www.hitchinpartnership.org>

07817 715023 (Referral via school needed)

Hitchin Food Provision

Foodprovision-hitchin@wilshere.herts.sch.uk

Support through professional referral only

Healthy Hub:

One general number you can always call if you have any problems is the council's Healthy Hub number which is: 01462 474111 for more information:

<https://www.healthyhubnorthherts.co.uk/>

Home-Start Hertfordshire:

Tel: 01438 367788

E: admin@home-startherts.org.uk

Free School Meal Information

<https://www.hertfordshire.gov.uk/services/schools-and-education/at-school/free-school-meals/free-school-meals.aspx>

Money Advice Service Information

<https://www.moneyadviceservice.org.uk/en/articles/universal-credit-an-introduction>

Christians Against Poverty:

We are passionate about releasing people in our nation from a life sentence of debt, poverty and its causes

<https://capuk.org/i-want-help>

Universal Credit Information

<https://www.citizensadvice.org.uk/benefits/universal-credit/>

Citizen's Advice

Can assist with food vouchers and clients are also assessed to see if they need help in any other areas (e.g. benefits, debt etc)

T: 01462 689801

E: <https://www.northhertscab.org.uk/contact-us/>

<https://www.citizensadvice.org.uk>

<https://www.northhertscab.org.uk/get-advice/>

Family Lives: Family Lives offers a confidential and free helpline service for families in England and Wales (previously known as Parentline). Please call us on 0808 800 2222 for emotional support, information, advice and guidance on any aspect of parenting and family life. Our helpline service is open 9am – 9pm, Monday to Friday and 10am – 3pm Saturday and Sunday. Email support: Our lines do get very busy, if you are unable to get through, you may want to email us for support, advice and information. Please email us at askus@familylives.org.uk. We aim to respond within 24 hours, Monday to Friday.

<https://www.familylives.org.uk/>

Money Helper - free guidance

<https://www.moneyhelper.org.uk/en>

National Debt Line

0800 808 4000

Mon-Fri, 9am to 8pm, Sat 9:30am to 1pm

Webchat available

<https://www.nationaldebtline.org/>

Pay Plan

0800 280 2816

Mon-Fri, 8am to 8pm, Sat 9am to 3pm

<https://www.payplan.com/>

StepChange

0800 138 1111

Mon-Fri, 8am to 8pm, Sat 8am to 4pm

<https://www.stepchange.org/>

Disclaimer: This information is signposted for your information and guidance. We aim to provide accurate and up to date information but cannot guarantee at any time that all the information is up to date. We do not accept responsibility for the information provided by the organisations.